

**THE  
CATHEDRAL  
OF THE  
RISEN  
CHRIST**

# **Cathedral Bible Study**

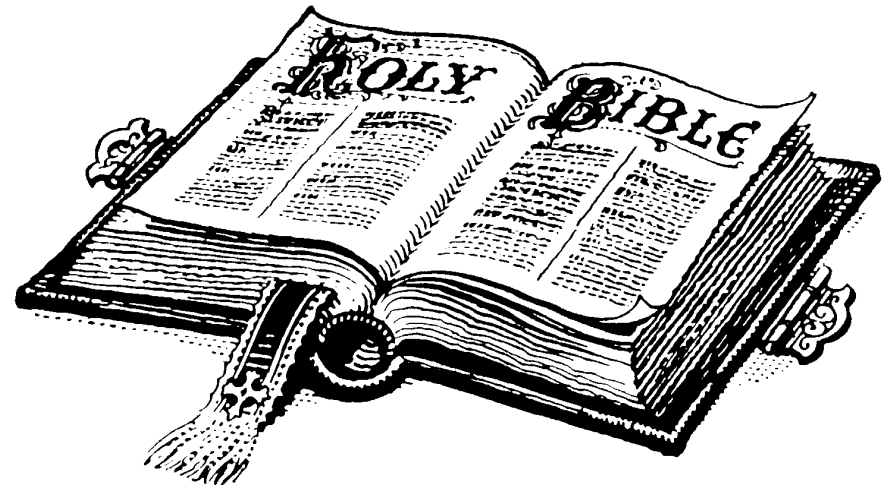
Fr. Steve Thomlison  
Assistant Pastor

Thursday, January 20, 2011

**\*\* PLEASE SIGN IN \*\***

# BIBLE STUDY OBJECTIVES

- Doctrine & Theology of the Liturgy of the Mass as found in Scripture & Tradition
- Using *Lectio Divina* to pray with the Bible
- Updated translation of the Mass parts
- Have fun!



# THE MASS

- **PREPARATION:**
  - *Vestments/Attire & Prayers; Pilgrimage*
- **SIGN OF THE CROSS:**
  - *Summation of our Faith in a Gesture*
- **GREETING:**
  - *“and with your Spirit” = Holy Orders*
- **PENITENTIAL RITE:**
  - *Jesus, Son of David, have Mercy on me!*
- **GLORIA:**
  - *Greatest Hymn of Praise to the Trinity*
- **THE LITURGY OF THE WORD:**
  - *Christ Himself speaks!*
- **CREED:**
  - *I believe in one God*
- **PETITIONS OF THE FAITHFUL:**
  - *Lord, hear our prayer!*
- **PREPARATION OF THE GIFTS:**
  - *We are the Gifts!*
- **PRAYER OVER THE OFFERINGS:**
  - *Accept these Gifts*



# LITURGY OF THE EUCHARIST

1. Preparation of the Gifts
2. Prayer over the Offerings
- 3. The Eucharistic Prayer**
4. Communion Rite
5. Lord's Prayer
6. Rite of Peace
7. The Fraction
8. Communion



# EUCCHARISTIC PRAYER

## PRIEST:

1. Thanksgiving
2. Acclamation
3. Epiclesis
4. Institution Narrative & Consecration
5. Anamnesis
6. Offering
7. Intercessions
8. Final Doxology

## PEOPLE:

1. Preface dialogue

3 part dialogue traced to  
*The Apostolic Tradition* (Hippolytus, 215)

2. *Sanctus (Holy, Holy)*
3. Acclamation after the Consecration
4. Acclamatory *Amen* after the final doxology

# GENERAL INSTRUCTION OF THE ROMAN MISSAL

## OFFERING

“By which, in this very memorial, the Church – and in particular the Church here and now gathered – offers in the Holy Spirit the spotless Victim to the Father.

The Church’s intention, however, is that the faithful not only offer this spotless Victim but also learn to offer themselves, and so day by day to be consummated, through Christ the Mediator, into unity with God and with each other, so that at last God may be all in all.”

## INTERCESSION

“By which expression is given to the fact that the Eucharist is celebrated in communion with the entire Church, of heaven as well as of earth, and that the offering is made for her and for all her members, living and dead, who have been called to participate in the redemption and the salvation purchased by Christ’s Body and Blood.”

## DOXOLOGY

“By which the glorification of God is expressed and which is confirmed and concluded by the people’s acclamation, Amen.”

# EUCCHARISTIC PRAYERS

## INTERCESSION:

### EP1:

Remember **also, Lord, your servants N. and N., who have gone before us with the sign of faith and rest in the sleep of peace. Grant them, O Lord, we pray, and all who sleep in Christ, a place of refreshment, light, and peace.**

### EP2:

Remember, Lord, your Church, spread throughout the world, and **bring her to the fullness of charity, together with N. our Pope and N. our Bishop and all the clergy.**

### EP3:

May he make of us **an eternal offering to you, so that we may obtain an inheritance with your elect, especially with the most blessed Virgin Mary, Mother of God, with your blessed Apostles and glorious Martyrs, [with Saint N.: *a Saint of the day or a Patron*] and with all the Saints, on whose constant intercession in your presence we rely for unfailing help.**

### EP4:

Therefore, Lord, remember now all for whom we **make this offering: especially your servant, N. our Pope, N. our Bishop and the whole Order of Bishops, all the clergy, those who make this offering, those gathered here before you, your entire people, and all who seek you with a sincere heart.**

# EUCCHARISTIC PRAYERS

## INTERCESSION:

### EP1:

**To us also your sinful servants who hope in your abundant mercies, graciously grant some share and fellowship with your holy Apostles and Martyrs: with John the Baptist, Stephen, Matthias, Barnabas, and all your Saints, admit us, we beg you, into their company, not weighing our merits but granting us pardon, through Christ our Lord.**

**Through whom you continue to create all these good things, O Lord, you make them holy, fill them with life, bless them, and bestow them on us.**

### EP2:

**Remember also our brothers and sisters who have fallen asleep in the hope of the resurrection and all who have died in your mercy: welcome them into the light of your face.**

**Have mercy on us all, we pray, that with the blessed Virgin Mary, the Mother of God, with the blessed Apostles, and all the Saints who have pleased you throughout the ages, we may merit to be co-heirs to eternal life, and may praise and glorify your Son, Jesus Christ.**

### EP3:

**To our departed brothers and sisters, too, and to all who were pleasing to you at their passing from this life, give kind admittance into your kingdom.**

**There we hope to enjoy for ever the fullness of your glory, when you will wipe every tear from our eyes.**

**For seeing you, our God, as you are, we shall be like you for all the ages and praise you without end, through Christ our Lord, through whom you bestow in the world all that is good.**

### EP4:

**Remember also those who have died in the peace of your Christ and all the dead, whose faith you alone have known.**

**To all of us, your children, grant, O merciful Father, that we may enter into a heavenly inheritance with the blessed Virgin Mary, Mother of God, and with your Apostles and Saints in your kingdom.**

**There, with the whole of creation, freed from the corruption of sin and death, may we glorify you through Christ our Lord, through whom you bestow on the world all that is good.**

# FINAL DOXOLOGY & AMEN

**PRIEST:** Through him, and  
with him, and in him,  
to you, O God, almighty  
Father,  
in the unity of the Holy  
Spirit,  
is all honor and glory, for  
ever and ever.

**PEOPLE: AMEN!**

St. Justin Martyr (A.D. 151) describes the Christian liturgy:

“As soon as the common prayers are ended and they (the Christians) have saluted one another with a kiss, bread and wine and water are brought to the president, who receiving them gives praise to the Father of all things by the Son and Holy Spirit and makes a long thanksgiving for the blessings which He has vouchsafed to bestow upon them, and when he has ended the prayers and thanksgiving, all the people that are present forthwith answer with acclamation 'Amen' ”.

# REVELATION 5:11-14

“I looked again and heard the voices of many angels who surrounded the throne and the living creatures and the elders.

They were countless in number, and they cried out in a loud voice:

"Worthy is the Lamb that was slain to receive power and riches, wisdom and strength, honor and glory and blessing."

Then I heard every creature in heaven and on earth and under the earth and in the sea, everything in the universe, cry out: "To the one who sits on the throne and to the Lamb be blessing and honor, glory and might, forever and ever."

The four living creatures answered, "Amen," and the elders fell down and worshiped."

# LECTIO DIVINA

*An Ancient Method of Praying the Bible  
Practiced and Taught by Pope St. Gregory  
the Great (590-604AD)*

ZENIT: Pope Benedict XVI believes that the recovery of the practice of "*lectio divina*," prayerful meditation of Scripture, will bring a "new spiritual springtime" for the Church. When meeting with more than 400 experts attending a congress in Rome on "Sacred Scripture in the Life of the Church," the Holy Father recommended this ancient practice which literally means "divine reading."



# Lectio Divina

*(An Ancient Method of Prayer in 5 steps)*

## **(\*) PREPARE**

Get your Bible & Find a quiet place to pray;  
Plan to pray for at least 15 minutes

## **(1) LECTIO** (Attentive Reading - out loud)

*How To Do It:*

Select just a few verses; Slowly and quietly  
read & re-read the verses out loud 2-3  
times

## **(2) MEDITATIO** (meditation)

*How To Do It:*

Watch for your favorite verse or even just a  
favorite word from the passage!  
Put yourself in the bible passage; hear the  
words; see the colors; feel the gravel; smell  
the flowers; taste the food

## **(3) ORATIO** (prayer; conversation; speech)

*How To Do It:*

Tell God about your favorite verse or your  
favorite word! Tell Him why you like or  
what it means to you.

## **(4) CONTEMPLATIO** (contemplation; rest in the Lord)

*How To Do It:*

Now rest silently and open your heart to God.  
Listen in silence. Don't worry about  
distractions, but gently return from them to  
continually focus on God.

## **(5) OPERATIO** (work; effort; activity; action)

*How To Do It:*

What are small little ways that you can  
implement what you have received? Plan  
little ways each day to change your own  
attitude & actions – maybe in how you treat  
your family, friends, or neighbors?

# ROMANS 8:12-18,28

Consequently, brothers, we are not debtors to the flesh, to live according to the flesh. For if you live according to the flesh, you will die, but if by the spirit you put to death the deeds of the body, you will live.

For those who are led by the Spirit of God are children of God.

For you did not receive a spirit of slavery to fall back into fear, but you received a spirit of adoption, through which we cry, "Abba, Father!"

The Spirit itself bears witness with our spirit that we are children of God, and if children, then heirs, heirs of God and joint heirs with Christ, if only we suffer with him so that we may also be glorified with him.

I consider that the sufferings of this present time are as nothing compared with the glory to be revealed for us.

We know that all things work for good for those who love God, who are called according to his purpose.

# **SNEAK PREVIEW**

## **COMMUNION RITE**

The Lord's Prayer

The Rite of Peace

The Fraction

Communion