

THE  
CATHEDRAL  
OF THE  
RISEN  
CHRIST

# Cathedral Bible Study

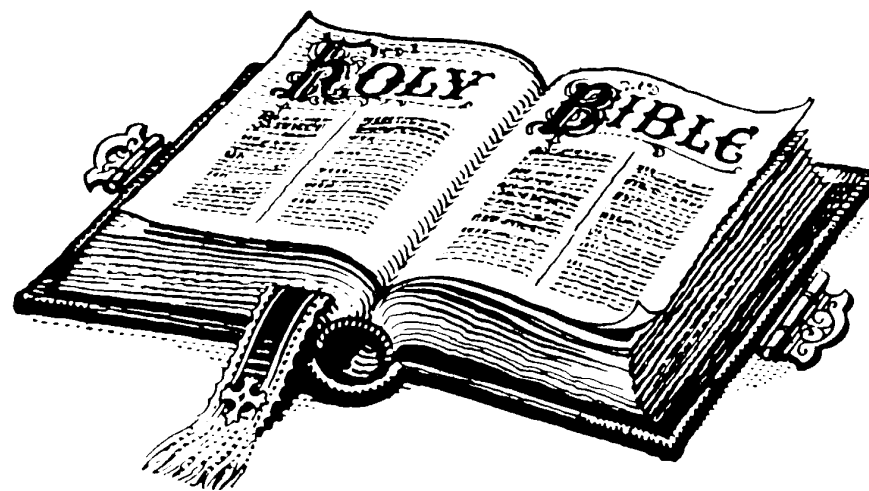
Fr. Steve Thomlison  
Assistant Pastor

Thursday, October 7, 2010  
*Our Lady of the Rosary*

**\*\* PLEASE SIGN IN \*\***

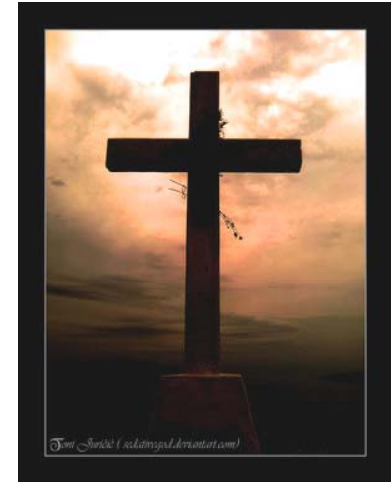
# BIBLE STUDY OBJECTIVES

- Doctrine & Theology of the Liturgy of the Mass as found in Scripture & Tradition
- Using *Lectio Divina* to pray with the Bible
- Updated translation of the Mass parts
- Have fun!



# THE MASS

- **PREPARATION:**
  - Vestments/Attire & Prayers
- **SIGN OF THE CROSS:**
  - Summation of our Faith; Prayerful Gesture, Indulged Activity
- **GREETING:**
  - *“and with your Spirit”*; Holy Orders



# PENITENTIAL RITE

## 5 PARTS:

- Invitation
- Silent Contrition
- Public Confession
- Absolution (non-Sacramental)
- Kyrie

# PENITENTIAL RITE

## INVITATION:

My brother and sisters, as we gather together to celebrate these Sacred Mysteries, let us call to mind our sins...

## SILENCE:

- Brief Examination of Conscience
- Am I prepared to participate & receive?
- Contrition
- Act of Humility

# PENITENTIAL RITE

## CURRENT TEXT: (FORM A)

I confess to you almighty God,  
and to you, my brothers and  
sisters, that I have sinned  
through my own fault,

*(we strike our breast)*

in my thoughts and in my words,  
in what I have done, and in  
what I have failed to do; and I  
ask blessed Mary, ever Virgin,  
all the angels and saints, and  
you, my brothers and sisters,  
to pray for me to the Lord, our  
God.

## NEW TRANSLATION: (FORM A)

I confess to almighty God, and to you  
my brothers and sisters, that I  
have greatly sinned in my  
thoughts and in my words, in  
what I have done and in what I  
have failed to do,

through my fault,

through my fault,

through my most grievous fault;

therefore I ask blessed Mary ever-  
Virgin, all the Angels and Saints,  
and you, my brothers and sisters  
to pray for me to the Lord our  
God.

# PENITENTIAL RITE

## STRIKING THE BREAST:

The early Christians were familiar with the practice, as St. Augustine and St. Jerome testify. "No sooner have you heard the word 'Confiteor'", says the former, "than you strike your breast. What does this mean except that you wish to bring to light what is concealed in the breast, and by this act to cleanse your hidden sins?" (Sermo de verbis Domini, 13).

"We strike our breast", declares St. Jerome, "because the breast is the seat of evil thoughts: we wish to dispel these thoughts, we wish to purify our hearts" (In Ezechiel, c. xviii).

A warrant for these statements is found in the Psalmist: A contrite and humbled heart, O God, Thou wilt not despise (Psalm 1:19). The petitioner at the Throne of Mercy would chasten his heart and offer it as a sacrifice to God who healeth the broken of heart and bindeth up their wounds (Ps. cxlvi, 3).

The ancient Christians were accustomed to strike the breast when they heard mention made of sensual sins; at the "Forgive us our trespasses" of the Pater Noster;

# PENITENTIAL RITE

## **ABSOLUTION: (non-Sacramental)** **General Instruction of the** **Roman Missal (GIRM) #51:**

"Then the priest invites those present to take part in the Act of Penitence, which, after a brief pause for silence, the entire community carries out through a formula of general confession. The rite concludes with the priest's absolution, which, however, lacks the efficacy of the Sacrament of Penance."

Thus it is clear that the absolution formula that concludes the act of penance is not sacramental absolution and in no way dispenses from the obligation of confessing grave sins before receiving Communion.

Only recently have some people purported the theory that this rite absolves sins and could substitute confession. It is certainly possible that such a defective catechesis regarding the sacramental nature of this rite could contribute to a falling away from the sacrament of reconciliation.

# PENITENTIAL RITE

## PRAY FOR ME:

“The LORD is far from the wicked, but the prayer of the just he hears.”

(Proverbs 15:29)

“The fervent prayer of a righteous person is very powerful.” (James 5:16)

When the wine ran short, the mother of Jesus said to him, "They have no wine."

(John 2:4)

# PENITENTIAL RITE

## KYRIE ELEISON:

- Lord, have Mercy
- Greek
- Trinitarian
- East doesn't pray to Pneuma (Spirit); Kyrios is a term for the Holy Spirit too

## BIBLICAL:

- *"Have mercy on me, God"*  
(Psalm 51)
- *"Lord, have pity on my son"*  
(Mt 17:51)
- *"Jesus", Son of David, have mercy on me!"*  
(Mark 10:46-52)
- *"God, be merciful to me a sinner"* (Luke 18:13)

# PENITENTIAL RITE

## OTHER OPTIONS:

- Sprinkling Rite (calling to mind our Baptism and the forgiveness of sin)
- FORM A – Confiteor

## FORM B:

PRIEST: Have mercy on us, O Lord.

PEOPLE: For we have sinned against  
you.

PRIEST: Show us, O Lord, your mercy.

PEOPLE: And grant us your salvation.

# LECTIO DIVINA

*An Ancient Method of Praying the Bible  
Practiced and Taught by Pope St. Gregory  
the Great (590-604AD)*

ZENIT: Pope Benedict XVI believes that the recovery of the practice of "*lectio divina*," prayerful meditation of Scripture, will bring a "new spiritual springtime" for the Church. When meeting with more than 400 experts attending a congress in Rome on "Sacred Scripture in the Life of the Church," the Holy Father recommended this ancient practice which literally means "divine reading."



# Lectio Divina

*(An Ancient Method of Prayer in 5 steps)*

## **(\*) PREPARE**

Get your Bible & Find a quiet place to pray;  
Plan to pray for at least 15 minutes

## **(1) LECTIO** (Attentive Reading - out loud)

*How To Do It:*

Select just a few verses; Slowly and quietly read  
& re-read the verses out loud 2-3 times

## **(2) MEDITATIO** (meditation)

*How To Do It:*

Watch for your favorite verse or even just a  
favorite word from the passage!

Put yourself in the bible passage; hear the  
words; see the colors; feel the gravel; smell  
the flowers; taste the food

## **(3) ORATIO** (prayer; conversation; speech)

*How To Do It:*

Tell God about your favorite verse or your  
favorite word! Tell Him why you like or what  
it means to you.

## **(4) CONTEMPLATIO** (contemplation; rest in the Lord)

*How To Do It:*

Now rest silently and open your heart to God.  
Listen in silence. Don't worry about  
distractions, but gently return from them to  
continually focus on God.

## **(5) OPERATIO** (work; effort; activity; action)

*How To Do It:*

What are small little ways that you can  
implement what you have received? Plan  
little ways each day to change your own  
attitude & actions – maybe in how you treat  
your family, friends, or neighbors?

# MARK 10:46-52

They came to Jericho. And as he was leaving Jericho with his disciples and a sizable crowd, Bartimaeus, a blind man, the son of Timaeus, sat by the roadside begging.

On hearing that it was Jesus of Nazareth, he began to cry out and say, "Jesus, son of David, have pity on me." And many rebuked him, telling him to be silent. But he kept calling out all the more, "Son of David, have pity on me."

Jesus stopped and said, "Call him." So they called the blind man, saying to him, "Take courage; get up, he is calling you." He threw aside his cloak, sprang up, and came to Jesus.

Jesus said to him in reply, "What do you want me to do for you?" The blind man replied to him, "Master, I want to see."

Jesus told him, "Go your way; your faith has saved you." Immediately he received his sight and followed him on the way.

# SNEAK PREVIEW

## THE GLORIA:

“We praise you, we bless you,  
We adore you, we glorify you,  
We give you thanks for your great glory,  
Lord God, heavenly King,  
O God, almighty Father”